

**What Now? - audio description**  
*(As described by Abi Palmer)*

- 0:00:00** Two people breathing quietly and slowly, as if sleeping.
- 00:00:16** A slight scuffling, as if somebody has moved on the floor.
- 00:00:33** The sound of... the sound of the outdoors. A humming. Oh, how would you describe that? A loud humming background noise from the outdoors. Sounds, ambient noise of movement. Cars, traffic, a train and crunching, as if walking over pebbles.
- 00:00:56** An inhale. The humming ambient background noise disappears and is replaced by gentle breathing. Small shuffles as if somebody is moving underfoot. Brief, quiet clicks.
- 00:01:19** A medium-high feminine voice, begins counting in a low murmur:  
*One, two, three, four, five, six, seven, eight.*  
*One, two, three, four, five, six, seven, eight.*  
*One, two*
- 00:01:45** [the feet on screen separate] A loud slapping sound, as they hit the floor.  
*... three, four, five, six, seven, eight.*  
*One, two, three, four, five, six, seven, eight.*  
*One, two, three, four,*  
*one two, three, four,*  
*one, two, three, four, five, six, seven, eight.*  
[Occasional breaths between... occasional breaths between...  
what's the word? Occasional breaths between counts. The voice sounds fairly tired.]
- 00:02:15** A scuffle - feet rubbing over carpet. Friction noises as feet rub over carpet. A warm shuffling sound.
- 00:02:24** The close-up rustle of hands running over dry leaves. In the background, a ambient outside traffic.

- 00:02:31** The outdoor ambient noise increases. A builder hammering, far away. And a distant siren.
- 00:02:36** The siren stops abruptly. Outdoor ambience and shuffling in the background.
- 00:02:48** The same noise of feet, bare feet shuffling over carpet as **00:02:15**.
- 00:02:53** A foot rolls over a hairspray bottle. The sound of the hairspray bottle knocking and rolling on the floor, unpeeling from its contact with the foot. A small, loose, clicking roll, back and forth.
- 00:03:07** A whispered count begins again:  
*One, two, three, four.*  
*One, two, three, four.*  
*One, two, three, four.*  
[the voice becomes too exhausted to say the words properly]  
[Mumbled] *One, two...*
- 00:03:36** Loud exhalation of extreme fatigue.  
A breath in. The voice swallows. Silence.